

VABO **N**

BLOSSOM

Excerpt from the
different operating
modes of
VABO-N
BLOSSOM



According to the Health Claims
Regulation of the EFSA



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01 BEAUTY HELPER: SKIN

- ✔ Contributes to the maintenance of normal **skin** _____ Vitamin B2, Niacin, Zinc, Iodine, Biotin
- ✔ Contributes to normal **collagen formation** for the normal function of **skin** _____ Vitamin C

02 BEAUTY HELPER: HAIR

- ✔ Contributes to the maintenance of normal **hair** _____ Biotin, Zinc, Selenium
- ✔ Contributes to normal **cysteine synthesis** _____ Vitamin B6

03 BEAUTY HELPER: NAILS

- ✔ Contributes to the maintenance of normal **nails** _____ Zinc, Selenium
- ✔ Contributes to normal **cysteine synthesis** _____ Vitamin B6



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04 BEAUTY HELPER: CONNECTIVE TISSUE

- ✔ Contributes to the normal formation of **connective tissue** _____ Manganese

05 ANTI-AGING FACTOR

- ✔ Contributes to the protection of cells from **oxidative stress** _____ Vitamin C, Vitamin B2, Vitamin E, Selenium, Zinc, Manganese
- ✔ Has a role in the process of **cell division** _____ Zinc
- ✔ Contributes to normal **DNA synthesis** _____ Zinc



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06

GENERAL WELLBEING

- ✔ Contributes to the normal function of the **immune system** _____ Vitamin C, Vitamin B6, Selenium, Zinc
- ✔ Contributes to maintain the normal function of the **immune system** during and after intense **physical exercise** _____ Vitamin C
- ✔ Contributes to the maintenance of normal **vision** _____ Vitamin B2, Zinc
- ✔ Contributes to the maintenance of normal **mucous membranes** _____ Vitamin B2, Niacin, Biotin
- ✔ Contributes to the maintenance of normal **bones** _____ Manganese, Zinc
- ✔ Contributes to the normal production of **thyroid hormones** and normal **thyroid function** _____ Iodine
- ✔ Contributes to the normal **thyroid function** _____ Selenium, Iodine
- ✔ Contributes to a normal **collagen formation** for a normal function of **blood vessels, bones, cartilage, gums and teeth** _____ Vitamin C



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07 MENTAL WELLBEING

- ✔ Contributes to the reduction of **tiredness** and **fatigue** _____ Vitamin C, Vitamin B2, B6, Niacin
- ✔ Contributes to normal functioning of the **nervous system** _____ Vitamin C, B2, B6, Niacin, Biotin, Iodine
- ✔ Contributes to normal **psychological function** _____ Vitamin C, B6, Niacin, Biotin
- ✔ Contributes to normal **cognitive function** _____ Iodine, Zinc

08 SEXUAL HEALTH

- ✔ Contributes to normal **spermatogenesis** _____ Selenium
- ✔ Contributes to normal **fertility** and **reproduction** _____ Zinc
- ✔ Contributes to the maintenance of normal **testosterone levels** in the blood _____ Zinc
- ✔ Contributes to the regulation of **hormonal activity** _____ Vitamin B6



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09 METABOLIC HEALTH

- ✔ Contributes to normal **energy-yielding metabolism** _____ Vitamin C, Vitamin B2, B6, Niacin, Manganese, Biotin, Iodine
- ✔ Contributes to normal **carbohydrate metabolism** _____ Zinc
- ✔ Contributes to normal **metabolism of fatty acids** _____ Zinc
- ✔ Contributes to normal **macronutrient metabolism** _____ Biotin, Zinc
- ✔ Contributes to normal **protein and glycogen metabolism** _____ Vitamin B6
- ✔ Increases **iron absorption** _____ Vitamin C
- ✔ Contributes to normal **protein synthesis** _____ Zinc
- ✔ Contributes to normal **iron metabolism** _____ Vitamin B2
- ✔ Contributes to normal **acidbase metabolism** _____ Zinc
- ✔ Contributes to normal **homocysteine metabolism** _____ Vitamin B6
- ✔ Contributes to the maintenance of normal **red blood cells** _____ Vitamin B2
- ✔ Contributes to normal **red blood cell formation** _____ Vitamin B6
- ✔ Contributes to the regeneration of the reduced form of **vitamin E** _____ Vitamin C
- ✔ Contributes to normal **metabolism of vitamin A** _____ Zinc

